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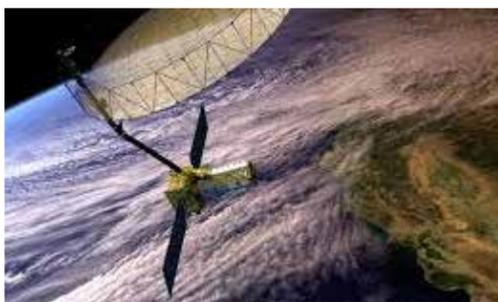
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## India & NASA launch NISAR Satellite to monitor earth's surface changes

### Trinity News Desk

In a landmark collaboration, the Indian Space Research Organisation (ISRO) and the National Aeronautics and Space Administration (NASA) successfully launched the NISAR (NASA-ISRO Synthetic Aperture Radar) satellite on July 30, 2025, from the Satish Dhawan Space Centre, Srihari Kota. This cutting-edge Earth observation satellite is the first of its kind to use dual-frequency radar (L-band from ISRO) to monitor changes in the Earth's surface with centimetre-level accuracy. The NISAR mission is designed to provide critical data on a wide range of geophysical phenomena, including glacier retreat, land subsidence, deforestation, agricultural changes, and natural disasters such as earthquakes and landslides. The satellite will orbit the Earth every 12 days, mapping the entire globe

with unparalleled precision and consistency. With a mission cost of approximately ₹12,000 crore (\$1.5 billion), NISAR marks one of the most ambitious Earth science partnerships between India and the United States. It is expected to revolutionize the way scientists understand and respond to the impacts of climate change, ecosystem disturbances, and hazards in densely populated regions like South Asia. NISAR's payload was jointly developed, with ISRO contributing the S-band radar, spacecraft bus, launch vehicle, and associated support, while NASA provided the L-band radar, GPS system, high-capacity data recorder, and engineering expertise. Scientists believe that



NISAR will be a game-changer for environmental management and policy formulation in India. It will help predict natural disasters more accurately, monitor groundwater depletion, and track Himalayan glacier melt — all vital for sustainable development planning. The satellite is expected to become fully operational by October 2025, with data made available to global research communities. With NISAR, India strengthens its reputation as a global leader in affordable space technology and scientific diplomacy.

## July rains bring above average monsoon boost to India's agriculture

### Trinity News Desk

India received 5–6% above-normal rainfall during July 2025, significantly benefiting the kharif sowing season across the country. The India Meteorological

states recorded the most favourable rainfall, whereas pockets of eastern, northeastern, and peninsular regions continued to see below-normal precipitation. Despite this uneven distribution, widespread moisture replenishment across core agricultural zones helped boost reservoir levels and groundwater recharge. Farm economists and policymakers welcomed the July monsoon as a critical catalyst for rural income growth and food price stability. Experts have warned that erratic distribution could pose risks during



critical crop stages, but so far, there have been no significant flood-related disruptions. Outlook for the coming months remains positive: IMD forecasts normal rainfall in August and surplus rains in September—both expected to exceed 106% of LPA. Continued wet conditions could result in a bumper harvest of kharif crops and strengthen India's agricultural productivity. In summary, July 2025's robust monsoon delivered essential moisture at the right time. It energized sowing activities, nourished rural livelihoods, and sets the stage for a strong agricultural outcome—if evolving weather patterns remain favourable.

Department (IMD) confirmed that the monsoon delivered rainfall exceeding 106% of the long-period average (LPA) in July, reinforcing predictions of an overall above-normal season. This timely rainfall accelerated sowing operations, enabling farmers to cultivate over 70.8 million hectares by mid-July, a 4.1% increase year-on-year. Notably, rice paddy planting surged to 17.67 million hectares (+12.4%), while pulses rose to 8.2 million hectares (+2.3%). Corn acreage increased to 7.1 million hectares, soybean sowing nearly recovered pace, and cotton planting resumed upward trends. Central and southern

## ISRO, NIOT collaborate to build MATSYA 6000 deep sea submersible

### Trinity News Desk

India's ambition to explore the ocean depths is coming to life with the MATSYA-6000, a crewed submersible developed under the Samudrayaan project of the Deep Ocean Mission. The National Institute of Ocean Technology (NIOT), Chennai, is leading development with support from ISRO in crafting the titanium alloy personnel sphere—designed to carry three individuals to depths of up to 6,000 meters with full life-support systems. Recently in July 2025, ISRO successfully completed a pivotal milestone: welding the personnel sphere after over 700 individual weld trials. The precision welding ensures the module can withstand pressures at 6,000 meters. That trench pressure—roughly 600 bar—is built into a safety buffer: the hull can bear as much as 720 bar. Parallely, NIOT tested an underwater acoustic

telephone system—hydrophones that support real-time voice communication between the submersible and surface vessel. The test was conducted across a 5.5 km stretch at Kerala's Idukki Dam, and the results were promising: clear communication across varying depths and long distances. This is a critical advancement in preparation for integrated sea trials set for early 2026. Packed with subsystems such as buoyancy control, propulsion thrusters, manipulators for sample collection, onboard navigation, data acquisition sensors and the DNV-certified Human Support & Safety System (HSSS), the submersible supports a standard 12-hour operational endurance with 96 hours emergency backup. Voice updates between pilot and mission control will be transmitted every 30 minutes via the acoustic modem.

Once fully integrated, this ultra-modern vessel is expected to

become operational by late 2026, placing India alongside a handful of nations with crewed deep-ocean exploration capability. Its scientific mission spans mineral exploration, biodiversity surveys, climate modelling and securing a place for India in the global Blue Economy

## Since July, West Bengal plants 40 crore saplings under Ban Mahotsav 2025

### Trinity News Desk

West Bengal launched its largest-ever greening campaign from July 14 to July 20, 2025, marking Ban Mahotsav with a goal of planting over 40 crore saplings across the state. The initiative encouraged citizens in urban areas to plant two saplings each

and those in rural regions to plant five—an “unprecedented in scale” target aimed at restoring ecological balance and combating climate change and land degradation. The campaign was inaugurated by Forest Minister Birbaha Hansda, who flagged off awareness tableaux from Aranya Bhavan in Kolkata and Siliguri. These moving awareness

platforms served as mobile sapling distribution units traversing central, north and south Kolkata, Salt Lake, New Town, and adjoining districts. Institutional involvement included schools, colleges, panchayats, municipalities, community groups, and self-help groups to ensure grassroots participation. A key feature of Ban Mahotsav 2025 was free sapling distribution from state forest nurseries: two saplings per urban individual and five per rural individual, along with bulk distribution to institutions and community entities. Joint Forest Management Committees (JFMCs) partnered with forest officials to facilitate both planting and long-term care of trees, stressing the importance of sustaining survival beyond just planting. Statewide participation spanned 23 district-



## A New Session, A New You – Why College is more than Academics

### Trinity News Desk

College life is often imagined as a series of lectures, textbooks, and exams—but the true value of higher education extends far beyond the classroom. Participation in student clubs, societies, and extracurriculars fosters social connection, leadership, and resilience. An international study found that 94% of university athletes or club members felt stronger belonging,

teamwork, time management, event-planning—that recruiters increasingly seek. Whether leading the debating society or organizing cultural fests, students develop initiative and confidence that textbooks can't teach. In India, active campus engagement builds transferable skills—teamwork, time management, event-planning—that recruiters increasingly seek. Whether leading

period for exploration: internships, volunteering, travel, or gap years—and even failures—shape identity significantly. Many Gen Z students now choose gap years to test career paths before committing to degrees, emerging with clarity and maturity. In sum, a holistic college experience builds character, agency, and adaptability. Attending lectures helps; but embracing campus life transforms students into thoughtful,



and involvement correlated with higher retention rates. In India, active campus engagement builds transferable skills—

the debating society or organizing cultural fests, students develop initiative and confidence that textbooks can't teach. It's also a

resilient individuals—ready to navigate complexity, uncertainty, and opportunity long after the final exam.

## Women's Safety in 2025 – Has anything really changed?

### Trinity News Desk

By many measures, safety for women in India shows mixed progress in 2025. According to the CNN-News18 She Shakti Suraksha Survey of 8,000 women across 20 cities, 82% feel safe in their neighbourhoods, and 93% reported no harassment in public spaces in the past year—yet 7% still faced verbal, psychological, physical, or economic harassment. Workplace protections appear stronger: 87% of respondents say POSH (Prevention of Sexual Harassment) measures are effective, and 92%

feel safe at work. Local innovations are slowly shifting norms. In one trending incident, a simple act—bus staff asking “Purvi?” to confirm seating—went viral as a subtle but meaningful move to affirm women's identity and safety during travel. Meanwhile, Hyderabad's police have expanded “She Teams” and crisis centers, showing early success in reducing severe harassment, though milder incidents persist. On the policy front, the federal government has extended its flagship safety scheme through 2025–26, allocating ₹1,179 crore toward forensic upgrades,

helplines, and capacity building—even if actual funds utilization remains below target. Despite these efforts, deep-rooted issues endure: only incremental improvements over the past two decades, gaps in enforcement, infrastructure deficits, cultural resistance, and legal delays persist. A recent survey ranks India 128th out of 177 on the Women Peace and Security Index—improved slightly, but still among the lowest. In short: yes, change is happening. But for many, safety remains conditional, inconsistent, and incomplete.



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level and 2 sub-divisional events, culminating in a major celebration at the Bengal Safari in Siliguri. Emphasis was placed not only on plantation numbers but also on ecological resilience through improved green cover in non-forest areas and degraded lands. Hansda urged active citizen engagement, highlighting that even planting and tending to just a few trees per person could generate meaningful

environmental impact. Statewide participation spanned 23 district-level and 2 sub-divisional events, culminating in a major celebration at the Bengal Safari in Siliguri. Emphasis was placed not only on plantation numbers but also on ecological resilience through improved green cover in non-forest areas and degraded lands. Hansda urged active citizen engagement, highlighting that even planting

and tending to just a few trees per person could generate meaningful environmental impact. In alignment with the green push, Chief Minister Mamata Banerjee further amplified the campaign's message with slogans such as “Sabuj Bachao, Sabuj Dekhao, Sabujer Majhe Bibek Jagao”, reinforcing ecological awareness and urging community stewardship toward building a greener West Bengal.

## From resume booster to financial burden – the truth behind unpaid internships

### Trinity News Desk

Unpaid internships have become pervasive in India's professional landscape—especially across media, tech startups, and legal sectors. At first glance, they promise career credits, industry exposure, and a coveted resume boost. Yet beneath the surface lies a troubling reality: unpaid work often amounts to free labour, with interns performing actual job tasks without compensation or job security. A viral Reddit thread recently called out the practice in Indian tech circles, labelling it “a literal scam” when assignments meant for evaluation turn into open-ended, unpaid projects—benefiting employers far more than students. Opinion pieces note that, while internship mandates once served educational purposes, they now often compel students to work extensive hours without rights or mentorship—yet still fail to guarantee placement. Data from the U.S. (often cited for contrast) shows that unpaid interns receive fewer job offers—0.94 offers per candidate versus 1.61 for paid interns—reflecting a broader disadvantage even in conversion to full-time roles. Meanwhile, in



India, there's growing angst among marginalized students for whom unpaid work simply isn't affordable. Law students and junior associates voice frustration over firms expecting gruelling 7-day work weeks, vague responsibilities, and no financial sustenance. In many cases, unpaid internships are used to justify lower starting packages or to avoid hiring altogether. Calls are mounting for regulation: advocates want mandatory minimum stipends, structured mentorship, and enforceable intern rights. Without reform, unpaid internships risk entrenching inequality—where only those who can afford to work for free benefit—turning “resume boosters” into actual financial burdens

## Why natural disasters are no longer 'Natural'?

### Trinity News Desk

The term “natural disaster” no longer fully captures the reality: many crises stem from human decisions that amplify hazard layers. Urban expansion into floodplains, deforestation, unplanned construction, and greenhouse gas emissions now intensify the severity of earthquakes, floods, and storms. Recent global events—from Himalayan landslides worsened by mining to coastal flooding

community planning as on weather or tectonics. Similarly, the newly launched NISAR satellite—capable of centimetre-level monitoring of subsidence, glacier melt, and surface deformation—underscores that environmental shifts are not purely natural; many are human-induced or intensified. Its data aims to inform climate action, urban safety, and hazard early-warning systems. Relabelling



exacerbated by sea-level rise—highlight the interconnected role of climate change, poor planning, and infrastructure neglect. India's own Operation Abhyaas civil defence mock drill in May 2025 revealed the scale of vulnerability. Conducted across 244 districts, it simulated evacuations, blackouts, and emergency response—showing that disaster readiness now depends as much on governance and

them as socio-environmental crises reframes the conversation: disasters are often the result of policy failures, forgotten wetlands, inadequate drainage, and fossil-fuel-driven climate impact. The next generation of resilience requires recognition that shocks are foreseeable—and preventable—if development is planned intelligently, ecosystems are restored, and emissions are reined in.

## Department of Legal Studies, TIPS Dwarka concludes NITISAAR 2.0 MUN with enthusiastic participation and insightful discourse

### Trinity News Desk

The Department of Legal Studies at Trinity Institute of Professional Studies (TIPS), Dwarka, successfully concluded its two-day flagship event NITISAAR 2.0 – Model United Nations (MUN) on 1st and 2nd August 2025. The event, which has steadily gained prestige over the years, brought together a diverse group of young minds from across Delhi-NCR, promoting critical thinking, diplomacy, and policy-making through simulated UN committees. Participants represented various countries and deliberated on globally relevant agendas including climate change mitigation, cyber warfare, international humanitarian law, and women's rights in conflict zones. The sessions were marked by high levels of research, engaging rebuttals, and constructive resolutions, reflecting the enthusiasm and intellect of

the students. The opening ceremony was graced by legal luminaries and academic stalwarts who inspired the students with their words on leadership, global governance, and youth involvement in democratic discourse. The committees—ranging from UNGA, UNHRC, to Lok Sabha and the International Press—functioned in a highly disciplined and professional manner, offering students a realistic experience of global diplomacy. In addition to debating skills, the event focused on nurturing leadership, negotiation, and public speaking—skills essential for future legal and administrative professionals. A team of experienced executive board members ensured a fair, educative, and enriching experience for all. NITISAAR 2.0 concluded



with a vibrant closing ceremony, where delegates were felicitated for their outstanding performances. The Best Delegate and Special Mention awards recognized the efforts of individuals who showcased deep understanding and persuasive articulation.

This edition of NITISAAR reaffirmed the Department's commitment to holistic legal education by blending academic learning with real-world simulations. The success of the event reflects TIPS' focus on empowering students beyond the classroom and fostering socially aware, globally competent professionals.

## Rotaract Club of TIPS, Dwarka hosts grand thanksgiving ceremony in collaboration with Rotary Club at IIT Delhi

### Trinity News Desk

The Rotaract Club of Trinity Institute of Professional Studies organised its grand Thanksgiving Ceremony on 20th July 2025, graciously sponsored by the Rotary Club of New Delhi and held at the venue IIT Delhi. The event was graced by the presence of Rotary Club President Rtn. Narender Kumar Gupta and his team, along with DRR Rtn. Rtr. Rishika Khanna, whose gracious presence made the celebration even more special and memorable. Respected Chairman Sir, Dr. R.K. Tandon, your presence was deeply missed by everyone present there. You are the guiding light for RAC TIPS. We were honoured to have dignitaries from Trinity Dwarka—our respected Director Prof. (Dr.) Ashutosh Agarwal and Faculty Coordinator Dr. Aparna Chaturvedi Ma'am, whose unwavering support

and guidance have always strengthened the spirit of the Rotaract family. This heartfelt ceremony was a tribute to the year's achievements and an expression of sincere gratitude to all contributors. The event commenced with the Masters of Ceremony presenting a touching poem, setting the tone for the evening. This was followed by the traditional collaring ritual where Rtr. Aastha was collared by the Sergeant-at-Arms and then, in turn, collared the Secretary, symbolizing the passing of responsibility. A soulful Ganesh Vandana, performed by Rtr. Mehak and Rtr. Dikshita, invoked divine blessings for the gathering. The Secretary then presented the Secretarial Report, highlighting the milestones of the



year. The dignitaries present offered words of appreciation and were felicitated by Rtr. Aastha, followed by the distribution of certificates to the core team, acknowledging their dedication and contributions. The evening came alive with vibrant cultural performances, including energetic dances and a lively ramp walk by the core team. The memorable evening concluded with a cake-cutting ceremony and a heartfelt vote of thanks by Rtr. Aastha, marking a graceful closure to a remarkable tenure and setting high hopes for the year ahead.

## TIPS Dwarka BCA students embark on industrial visit to DUCAT Delhi with Focus on Cyber Security Applications

### Trinity News Desk

The Department of Computer Science & IT at Trinity Institute of Professional Studies (TIPS), Dwarka organized an enriching industrial visit for BCA 2nd-year students to DUCAT, South Extension Part-1, New Delhi, focusing on the critical and rapidly evolving field of Cyber Security Applications. Held in July 2025, the visit aimed to provide students with practical exposure to real-world cybersecurity environments and to bridge the gap between theoretical learning and industry practices. At DUCAT, a premier IT training and development center, students were welcomed by expert professionals who offered detailed insights into cyber security concepts, tools, and career opportunities. The session began with a comprehensive overview of modern cyber threats including phishing attacks, ransomware, data

breaches, and identity theft. Students gained firsthand knowledge of how organizations safeguard data and networks using firewalls, encryption, intrusion detection systems (IDS), and ethical hacking techniques. The trainers also demonstrated live simulations of security breaches and showed how ethical hackers trace vulnerabilities. One of the highlights of the visit was an interactive hands-on workshop where students practiced using real-time tools such as Wireshark, Kali Linux, and Metasploit Framework, enabling them to understand threat analysis and basic penetration testing. The DUCAT trainers also shared career insights, explaining various certifications and skills required to excel in cybersecurity roles, such as Certified Ethical Hacker



(CEH), CompTIA Security+, and CISSP. Students were encouraged to pursue internships, self-projects, and continuous learning to stay updated with the dynamic cyber threat landscape. This visit not only enhanced the technical acumen of the students but also instilled a deeper understanding of the ethical and legal dimensions of cybersecurity. The faculty accompanying the students expressed appreciation for the engaging and industry-relevant exposure provided. The visit exemplified TIPS' commitment to experiential learning and preparing students for future-ready careers in the tech-driven world.

## Students of TIPS, Dwarka participated in cultural immersion at DD News: 'Baat Bihar Ki' behind the scenes

### Trinity News Desk

The second-year students of Trinity Institute of Professional Studies, Dwarka had the unique opportunity to attend a cultural and academic visit to the DD News studio on 31st July 2025 for the live broadcast of the political discussion program "Baat Bihar Ki." The visit was organized to enhance students' understanding of contemporary politics, the functioning of the media, and the power of live public discourse in shaping democratic dialogue. The special edition of the program featured an eminent panel of national political leaders including: Shri Chirag Paswan, Shri Akhilesh Yadav, Shri Giriraj Singh, Shri Nishikant Dubey, Shri Sanjay Jha, Shri Jiten Ram Manjhi. The live session began at 11:00 AM and lasted for about an hour, during which students attentively observed the leaders engage in a dynamic discussion on crucial issues related to Bihar's development, political landscape, and youth-centric challenges such as employment, education, migration, and digital infrastructure. Students also got a rare behind-the-scenes experience

of how a live news program is produced, structured, and moderated, thereby expanding their practical understanding of media ethics, production workflow, and public communication. The visit concluded at 12:00 PM with an



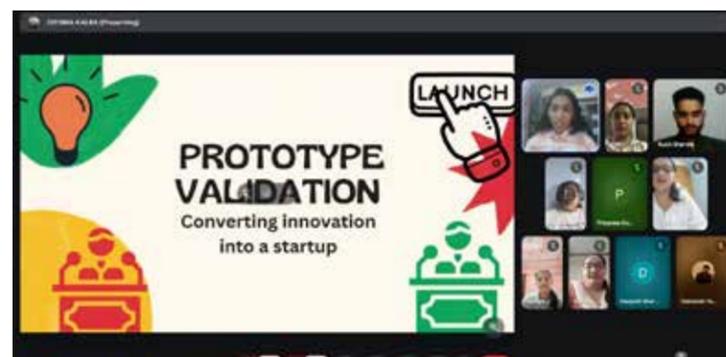
engaging feedback session where students shared their reflections on the importance of informed dialogue, responsible journalism, and youth participation in the democratic process. A memorable moment was when one of our students, Yashshree from 3rd Sem, got a chance to ask a question live on air during Conclave. This was a significant and exciting opportunity for them, and her question is featured during the live broadcast. Ye add Krake pls share it This visit proved to be both intellectually stimulating and deeply relevant to the students' academic and civic growth.

## Department of Legal Studies, TIPS Dwarka collaborates with DLSA for Legal Literacy and Community Engagement Drive

### Trinity News Desk

The Department of Legal Studies at Trinity Institute of Professional Studies (TIPS), Dwarka, in collaboration with the District Legal Services Authority (DLSA), South-West, inaugurated the 6th Edition of its Value-Added Course (VAC) on "New Criminal Laws and Other Legal Issues" on 16th July 2025. The inaugural ceremony commenced with a traditional Lamp Lighting and Ganesh Vandana, setting a reflective and auspicious tone. The gathering was addressed by Chairman Dr. R.K. Tandon, who welcomed the guests and students, emphasizing TIPS' continued commitment to legal excellence. A key highlight of the event was a powerful Nukkad Natak (street play) performed by the law students, focusing on legal awareness and the significance of understanding recent legal reforms. Their performance received high

praise for creatively depicting issues that resonate with the public and future legal professionals alike. Sh. Shubham Devadiya, Secretary of DLSA (South-West), was the guest of honour. In his address, he underscored the urgent need for legal literacy, particularly in light of the recent transition from colonial-era laws to India's new criminal code—such as the Bharatiya Nyaya Sanhita, Bharatiya Nagarik Suraksha Sanhita, and Bharatiya Sakshya Adhinyam. His message highlighted the importance of upskilling legal students to navigate these changes effectively. The event concluded with a heartfelt Vote of Thanks by Dr. Shashi Bala, Principal (Law), who expressed gratitude to DLSA, the faculty, and students for their active involvement. This inaugural marked a strong beginning to a course designed to equip students with practical insights into India's evolving legal framework.



## The Rise of AI in everyday student life

### Trinity News Desk

Artificial Intelligence (AI) is no longer confined to sci-fi films or high-tech labs—it's now a core part of everyday student life. From the moment students wake up to when they turn in for the night, AI is subtly streamlining how they learn, interact, and live. Academically,

personalized nutrition plans, and mental wellness apps are all powered by AI algorithms tailored to user behaviour. Campus life is also evolving with AI. Libraries use AI for book management, while universities adopt AI chatbots to resolve student queries efficiently. Placement cells use AI to match



AI tools have become essential companions. Apps like Grammarly improve writing, ChatGPT assists in brainstorming and concept clarity, and platforms like QuillBot help in paraphrasing. Students can use AI to generate citations, summarize long articles, and even plan study schedules. AI-driven tutoring platforms adapt to individual learning speeds, providing personalized feedback and support. Beyond studies, AI influences student lifestyle choices. Smart assistants like Siri or Google Assistant help manage daily tasks—from setting alarms and reminders to answering quick queries. Music recommendations, fitness tracking,

students with job opportunities based on skills and preferences. However, this rise also calls for responsible use. Dependence on AI can risk original thinking, and issues like data privacy and algorithmic bias need awareness. Students must learn to use AI as a tool, not a crutch. In essence, AI is quietly transforming the student experience—making it smarter, faster, and more efficient. When used wisely, it not only enhances academic success but also empowers students to lead more balanced, informed lives. As AI continues to evolve, so will the way students learn and grow in a digital-first world.

## Why July feels like a mid-year reset

### Trinity News Desk

July holds a unique place in the student calendar. It's not quite the beginning of the year, nor the end—but a perfect pause in the middle. For many students, July feels like a natural reset point, both academically and emotionally. After the stress of exams,

beginnings. It's a chance to leave behind past mistakes—missed lectures, poor grades, or unfulfilled resolutions—and set fresh goals with renewed motivation.

On a personal level, July is when students start organizing their lives again. Many take stock of their progress—academics,



semester results, and internship commitments in May and June, July often brings a change of pace. With the monsoon arriving, there's a noticeable shift in mood—cooler weather, slower days, and a sense of calm that wasn't there before. This seasonal change invites students to pause, reflect, and reassess. Academically, July marks the start of a new semester or academic year for many. Fresh notebooks, new timetables, and unfamiliar classrooms create a sense of new

mental health, friendships, career plans—and decide what needs change. Whether it's updating resumes, picking up new hobbies, or improving sleep schedules, July offers the space to recalibrate. Socially, it's also a time to reconnect. Students return from summer breaks or internships, ready to catch up, share stories, and rebuild routines. The energy on campus feels lighter, more open to possibilities. In essence, July is a soft reboot. It's not loud or demanding—it's subtle, reflective, and full of potential. Like turning a new page in the middle of a story, July gives students a chance to rewrite the narrative and step into the next chapter with purpose and clarity.

## Beyond the books: Hobbies that help students de-stress

### Trinity News Desk

College life can be overwhelming—assignments, exams, and constant deadlines often leave students feeling drained. That's why having a hobby isn't just a luxury, it's a necessity. Hobbies offer students a creative outlet, a mental break, and a chance to reconnect with



themselves beyond the academic grind. Art-based hobbies like painting, sketching, journaling, or photography help reduce stress and promote mindfulness. Even doodling during a study break can bring clarity and calm. For those who enjoy words, writing poetry, blogging, or reading fiction can provide emotional release and

intellectual stimulation. Music and dance are also powerful stress busters. Whether it's strumming a guitar, dancing to your favorite track, or simply curating playlists—music offers an instant mood boost. Similarly, physical hobbies like yoga, jogging, or even a casual sport help release endorphins and improve focus. In recent times, digital hobbies like video editing, coding passion projects, or creating aesthetic Instagram pages have grown popular. They let students blend creativity with tech skills—fun and productive at once. Gardening, cooking, and DIY crafts are also excellent ways to unplug and engage the senses. The best part? Hobbies also help build communities. College clubs and groups centered around shared interests foster connection and belonging. They encourage collaboration and often lead to lifelong friendships. Ultimately,

hobbies teach students something books can't—how to unwind, reflect, and stay mentally healthy. In a high-pressure academic world, these simple activities offer joy, balance, and self-expression. For any student navigating the ups and downs of college, finding a hobby isn't just a way to pass time—it's a way to thrive.

## College bucket list: 10 things to do before you graduate

### Trinity News Desk

College isn't just about lectures and lab work—it's a whirlwind of moments, friendships, and experiences that shape who you become. Before you toss your graduation cap in the air, here are 10 must-do things every student should tick off their college bucket list: Attend a college Fest: Experience



the energy, participate in events, and lose yourself in the crowd. It's the soul of campus life. Pull an All-Nighter (Not Just for Exams): Stay up talking, watching movies, or just stargazing with friends—it's a rite of passage. Try Every Food Stall Around Campus: Discover your go-to comfort meal and

create food memories you'll crave later. Be Part of a Club or Society: Whether it's music, drama, coding, or debate—find your community and build your voice. Go on a Spontaneous Trip: Plan a weekend getaway or a one-day adventure. The best stories often come from unplanned journeys. Perform or Speak in Public Once: Conquer the stage fear—it's empowering and unforgettable.

Volunteer for a Cause: Give back to society while gaining new perspectives and humility. Play a Prank (A Harmless One!): Some laughs and chaos are part of the fun—as long as it's in good spirit. Confess a Crush or Make a Bold Move: Be it love or ambition—college is the time to take chances. Write a Letter to Your Future Self: Capture your college mindset—you'll cherish reading it years later. College goes by faster than you expect. These experiences may seem small, but they become the memories you'll hold onto forever. So before you say goodbye to campus life, live it fully.

## Monsoon Musings: How the rain changes our campus vibes

### Trinity News Desk

There's something magical about the monsoon that transforms campus life in the most unexpected ways. As the first raindrops fall, the dusty walkways turn into shimmering trails, trees look greener, and the entire atmosphere softens into a cozy, reflective mood. For students, the rainy season brings more than just weather changes—it stirs emotions, inspires creativity, and reshapes daily routines. Suddenly, the campus becomes a canvas of stories. Umbrellas bloom like flowers across the grounds. Friends huddle under shared covers, laughter echoing as they dodge puddles. Rain-soaked corridors become the perfect backdrop



for slow walks and meaningful conversations. The canteen feels more alive during the monsoon. Hot chai and crispy pakoras become the most sought-after comfort food, while window seats turn into prized spots to watch the downpour. Music feels deeper, books more engaging, and everyday moments more memorable. Cultural clubs and hobby groups also thrive in this season. Photography enthusiasts capture raindrops on leaves or reflections in puddles. Poets and writers find inspiration in the gloomy skies and quiet evenings. Even musicians feel a different rhythm, often choosing acoustic over electric. However, monsoon isn't without its little troubles—muddy shoes, damp clothes, or flooded streets. Yet, these inconveniences add to the shared experience, becoming funny stories told later with fondness.

The rain changes our campus not just visually, but emotionally. It slows the rush, deepens connections, and adds a touch of romance and nostalgia to everyday life. For students juggling deadlines and decisions, the monsoon becomes a gentle reminder to pause, feel, and sim